



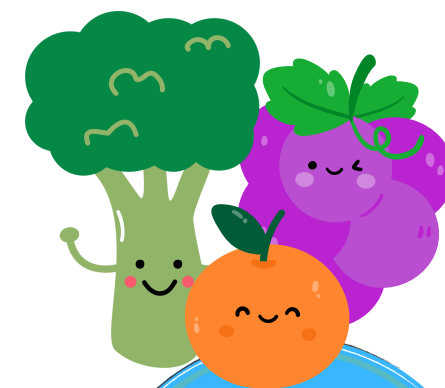
Spring/Summer 2025 Lunch - Platinum



Week 1	Main Course		Veggie Main Course		Second Course
Monday	Hidden Veg, tomato & butterbean Sugo (PU) (T), Wholemeal pasta (G), Corn on the cob		Hidden Veg, tomato & butterbean Sugo (PU) (T), Wholemeal pasta (G), Corn on the cob		Fruit Selection
Tuesday "CHOOSE"-Day	Mediterranean style ratatouille (T)		Mediterranean style ratatouille (T)		Greek Yoghurt (D), Strawberry slices
	Pink Fishcake (G)(E)(PU)(F)(D)	White Fishcake (G)(E)(PU)(F)(D)	Potato & chickpea cakes (G)(E)(PU)	Crispy meatless chicken strips & new potatoes (G)(PU)(E)	
Wednesday	Chicken lentil & mango curry (PU), white rice, banana slices		Chickpea, Lentil & mango curry (PU), white rice, banana slices		Peach, mango & apple ice lolly
Thursday	Homemade meatballs (T)(G), cous cous (G)		Veggie meatballs (PU)(T)(G), cous cous (G)		Greek yoghurt (D), baked carrot shape (G)
Friday	Hungarian pork goulash, hint of hulky herby new potatoes		Vegetarian Hungarian goulash (PU) (G), hint of hulky herby new potatoes		Warm Apple & raspberry crumble (G), custard (D)

Week 2	Main Course		Veggie Main Course		Second Course
Monday	Carrot & Lentil soup (PU)(G), tuna & salmon mayo (F), wholemeal bread slice (G)(S)		Carrot & Lentil soup (PU)(G), egg mayo (E), Wholemeal bread slice (G)(S)		Mango fro-yo (D)
Tuesday "CHOOSE"-Day	Penne Lasagne bake (D)(G)(T)		Meatless Penne Lasagne bake (PU)(D)(G)(T)		Baked apple shape (G), satsuma
	Cucumber batons	Pepper batons	Cucumber batons	Pepper batons	
Wednesday	Butter chicken curry (D)(T), Pilau Rice, Pitta strips (G)		Butter vegetable & chickpea curry (PU)(D)(T), Pilau Rice, pitta strips (G)		Rainbow Melon Wedges
Thursday	Tomato & mascarpone pasta (T)(D)(G), steamed little trees		Tomato & mascarpone pasta (T)(D)(G), steamed little trees		Fruit selection
Friday	Homemade beef burger (G), mini bread roll (G), corn on the cob, tomato & cucumber salad (RT)		Homemade chickpea burger (PU)(G), mini bread roll (G), corn on the cob, tomato & cucumber salad (RT)		Greek yoghurt (D), pineapple stick

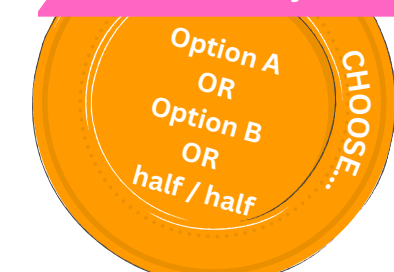
Week 3	Main Course		Veggie Main Course		Second Course
Monday	Chicken chasseur (T), new potatoes, garden peas (PU)		Meatless chicken chasseur (T)(PU)(G), new potatoes, garden peas (PU)		Oatcakes (G), cream cheese (D) & grape quarters
Tuesday "CHOOSE"-Day	Soft tacos (G) with sour cream (D) & shredded lettuce		Soft tacos (G) with sour cream (D) & shredded lettuce		Rainbow melon wedges
	Mexican beany beef (T)(PU)	Mexican pulled pork (T)	Mexican meatless beef (PU)(T)	Mexican beany veg (PU)(T)	
Wednesday	Butternut & carrot mac cheese sauce (D), Macaroni (G), baked beans (PU)(T)		Butternut & carrot mac cheese sauce (D), Macaroni (G), baked beans (PU)(T)		Fruit selection
Thursday	Sunshine Soup (PU)(G), Wholemeal Bread (G)(S), Spinach pesto & cream cheese spread (D)(PU)		Sunshine Soup (PU)(G), Wholemeal Bread (G)(S), Spinach pesto & cream cheese spread (D)(PU)		Greek yoghurt (D), Strawberry slices
Friday	Roast Turkey & Gravy (S), potato & summer veg medley (PU)		Meatless chicken & gravy (PU)(G)(S), potato & summer veg medley (PU)		Apricot & raisin flapjack (SD), Banana slices



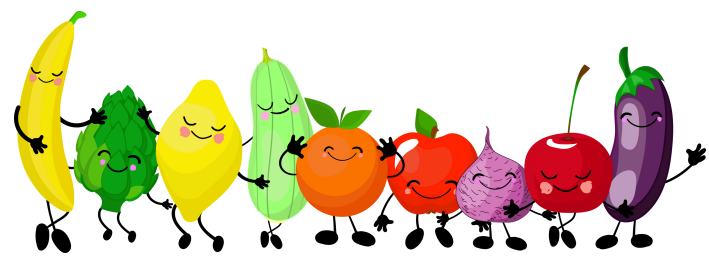
Nursery settings must ensure fruit is always an available second course choice for the children.



Tuesday is your "CHOOSE"-Day !!!



Allergen key



Allergen Code	Allergen Description
G	Gluten
D	Dairy Products (Milk)
E	Egg
F	Fish
C	Celery
Cr	Crustacea
T	Tomato
RT	Raw Tomato
SD	Sulphur Dioxide
S	Soya
MU	Mustard
PU	Pulses



We have an Inclusive approach to dietary needs

We provide suitable alternative dishes with a similar look and feel for children with dietary needs upon request.

We are not nutty!

We do not use any nut products or nut derivatives in any of our meals. However Little Lunches cannot guarantee that the products which are provided by it's suppliers have not come into contact with nuts, nut derivatives or any other allergens prior to their supply to Little Lunches. Our commitment to our nurseries is our full compliance with food labelling regulations.